

Postoperative Instructions

1. For 7 days after the procedure, take a quick shower daily and apply Polysporin ointment to the skin puncture site and cover with gauze.
2. Apply the reusable ice pack for 24 hours, as needed, after your procedure.
3. Wear the athletic support provided for 2 weeks.
4. Do not take baths or swim for 10 days.
5. Avoid contact sports for 2-3 weeks.
6. Take Advil regularly for 48 hours after the procedure and subsequently only when necessary.
7. After 10-12 weeks (or 20 ejaculations) you must have your semen tested at your nearest laboratory to ensure there is no sperm within the semen. Until the semen analysis shows there is no sperm, alternative birth control measures should be continued.

Modern Vasectomy Clinic

(No-Needle, No-Scalpel)

Dr. Hal Laishram, F.R.C.S., F.R.C.S.C
Consultant, General Surgeon

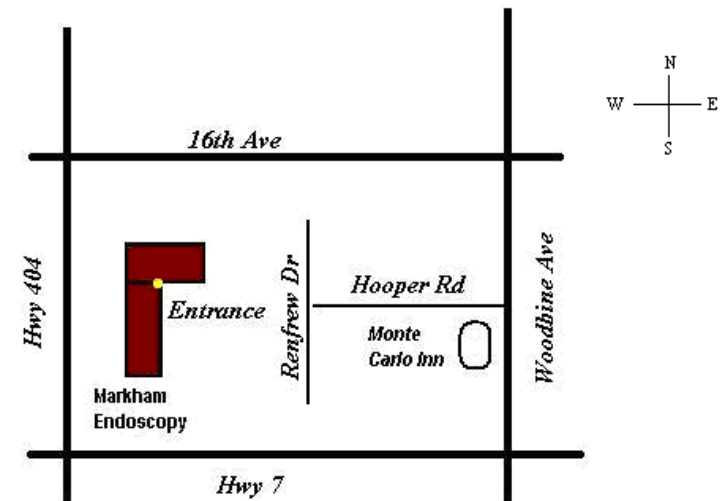
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The Procedure

- During a vasectomy, the vas deferens from each testicle is disconnected. This prevents sperm from mixing with the semen that is ejaculated from the penis. An egg cannot be fertilized when there are no sperm in the semen.
- The no-needle, no-scalpel technique is a specialized method of 'freezing' by a pressurized syringe, which numbs the area. This method of local anesthesia, or freezing, works with air pressure and does not require a needle. A small skin puncture is made (not using a scalpel) and opened to expose the vas deferens on each side. The vas is cut and cauterized. The testicles will continue to produce sperm; however, the sperm are reabsorbed by the body and not expelled during ejaculation.
- Scientific studies have shown that this technique is more comfortable and has lower risks and complications.

The Doctor

Dr. H. Laishram is a specialized general surgeon who has been performing vasectomies for more than 20 years. He has used various techniques including traditional incision vasectomies as well as the no-needle, no-scalpel vasectomies. In his experience, Dr. H. Laishram has found that no-needle, no-scalpel vasectomies help to eliminate the fear and anxiety that many men face with this procedure.

Our Clinic

Our clinic guarantees prompt, professional and courteous service to our patients. There are no long waiting lists for your vasectomy. Your procedure should be completed within 3-4 weeks upon booking your appointment. We offer same day consultation and procedure which are both fully covered by OHIP. There will also be a procedural kit provided containing necessary medications and materials for the before and after care of your vasectomy. This kit is *not* covered by OHIP and will be charged to the patient on the date of the procedure.

See reverse side for postoperative instructions →